**Station 1: Patient Assessment/Management Trauma**

**Scene Size-Up**
BSI, safe scene, MOI, consider spine stabilization

**Initial Assessment**
General impression, AVPU, Chief complaint/Life threats
Airway (LLF), Breathing (IPASO), Circulation (bleeding, pulse, skin)
Identify Priority and make Transport decision (load & go | stay & play)

Inspect & palpate neck for DCAP-BTLS, JVD & tracheal deviation. Apply collar.
Perform barrel roll. Inspect, & palpate posterior for DCAP-BTLS. Apply board.
Move patient into ambulance.

**Patient Assessment**
Rapid assessment or Focused assessment
Vital Signs: respirations (rate & quality), pulse (rate & quality), BP
SAMPLE history

**History and Physical Exam**
Head: inspect & palpate
  - scalp: DCAP-BTLS, crepitation
  - ears: blood, fluid, Battle’s sign
  - face: DCAP-BTLS, crepitation
  - eyes: PERRL, raccoon eyes
  - nose: blood, fluid
  - mouth: teeth
Neck: inspect & palpate for JVD & tracheal deviation
Chest: expose, inspect, & palpate for DCAP-BTLS, paradoxical motion, crepitation
  - auscultate for breath sounds (normal, equal, wheezing, rales)
Abdomen: expose, inspect, & palpate for DCAP-BTLS, firm, soft, distention
Pelvis: expose, inspect, & palpate
  - hips: DCAP-BTLS, pain, tender, motion
  - genitalia: penis priapism, perineum extreme wetness
Extremities: expose, inspect, & palpate for DCAP-BTLS, PMSx4
Posterior: expose, inspect, & palpate thorax & lumbar for DCAP-BTLS

Manage secondary wounds.

**Ongoing Assessment**
Repeat initial assessment; Repeat vital signs; Repeat focus assessment.
Station 2: Patient Assessment/Management Medical

Scene Size-Up
BSI, safe scene, NOI, consider spine stabilization

Initial Assessment
General impression, AVPU, Chief complaint/Life threats
Airway (LLF), Breathing (IPASO), Circulation (bleeding, pulse, skin)
Identify Priority and make Transport decision (load & go | stay & play)

Patient Assessment
Assess history of present illness by asking required questions:

<table>
<thead>
<tr>
<th>Respiratory</th>
<th>Cardiac</th>
<th>Altered Mental Status</th>
<th>Allergic Reaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Onset?</td>
<td>Onset?</td>
<td>Description of the episode</td>
<td>History of Allergies</td>
</tr>
<tr>
<td>Provokes?</td>
<td>Provokes?</td>
<td>Onset?</td>
<td>What were you exposed to?</td>
</tr>
<tr>
<td>Quality?</td>
<td>Quality?</td>
<td>Duration?</td>
<td>How were you exposed?</td>
</tr>
<tr>
<td>Severity?</td>
<td>Severity?</td>
<td>Evidence of trauma?</td>
<td>Progression</td>
</tr>
<tr>
<td>Interventions?</td>
<td>Interventions?</td>
<td>Seizures?</td>
<td></td>
</tr>
</tbody>
</table>

Poisoning / Overdose
Substance?
When ingested or exposed?
How much did you ingest?
Over what time period?
How much do you weigh?
Interventions?

Environmental Emergency
Source?
Environment?
Duration?
Loss of consciousness?
Effects general or local?

Obstetrics
Are you pregnant?
How long?
Pain or contractions?
Bleeding or discharge?
Has water broken?
Do you feel the need to push?
Last menstrual period?

Behavioral
How do you feel?
Do you feel suicidal?
Is patient a threat others?
Is there a medical problem?
Interventions?

SAMPLE history
Focused physical exam
Vital Signs: respirations (rate & quality), pulse (rate & quality), BP

Treatments / Interventions

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<tr>
<td>Give Albuterol if 1 to 65 years old, exacerbation of previously diagnosed asthma, no cardiac history, max two doses</td>
<td>Give 4 baby aspirin if not allergic and no GI bleed. Assist with nitro if chest pain, cardiac history, has own nitro, shows willingness, BP&gt;120, no ED drug use, 1 dose per 5 min max 3 doses</td>
<td>Assist with oral glucose if history of diabetes, controlled by meds, can swallow, shows willingness</td>
<td>Assist with Epinephrine if in cardiac or respiratory distress, has own prescribed Epi-pen or OKed by Medical Control</td>
</tr>
</tbody>
</table>

Poisoning / Overdose
Give activated charcoal only with permission of Medical Control

Environmental Emergency

Obstetrics

Behavioral

Re-evaluate transport decision.
Consider detailed physical exam.

Ongoing Assessment
Repeat initial assessment; Repeat vital signs; Repeat focus assessment.